



Packet Pickup

- **NO SAME DAY REGISTRATION ACCEPTED**
- USAT requires Photo ID at registration.
- USAT requires proof of Annual Membership or Day Membership purchased at RunSignUp.
- Packet Pick Up opens at 7:00am. Packet Pick Up's located inside the Eagle Lake Beach House/Pavilion.

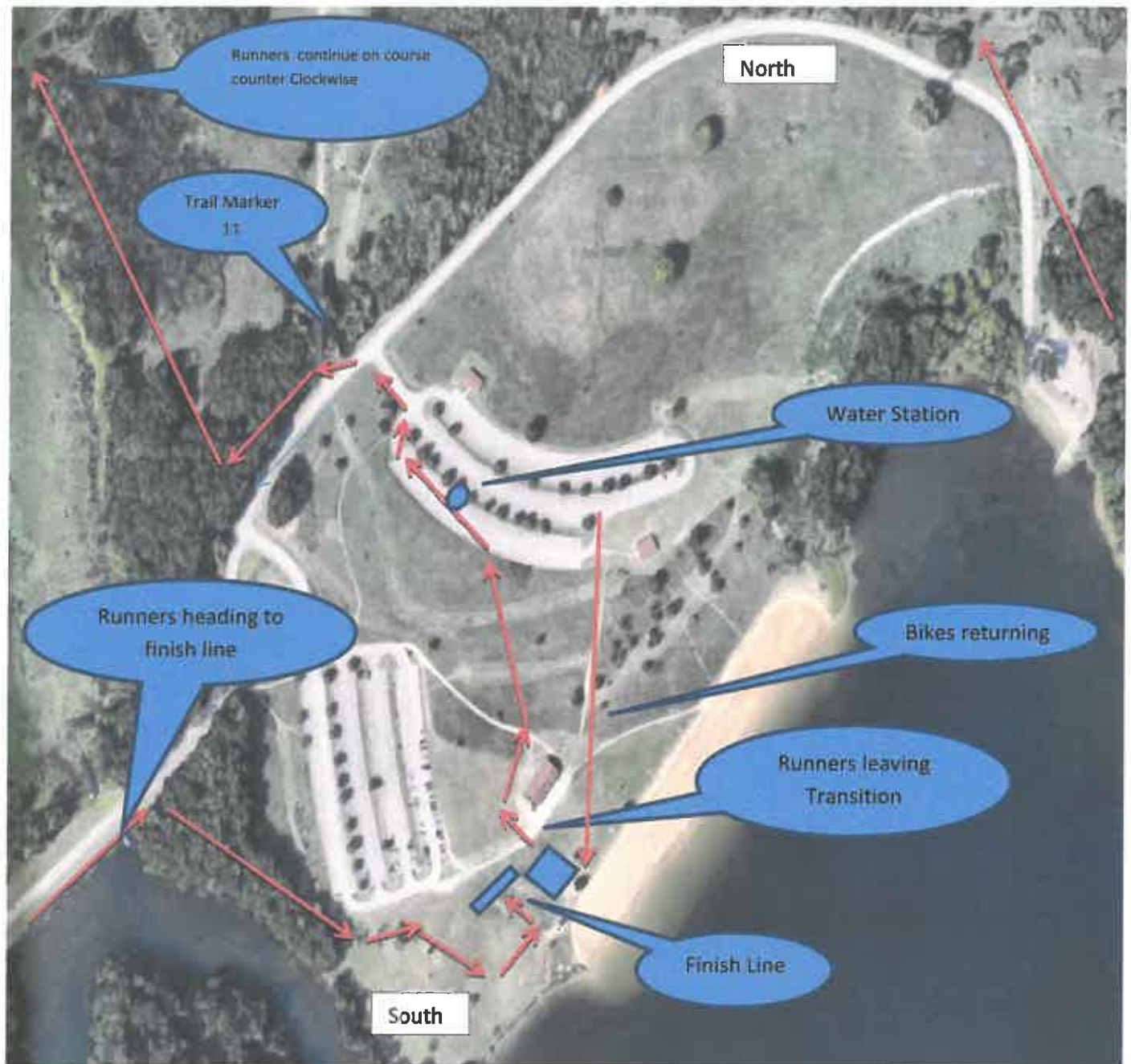
- **Alphabetical List will be posted at the Pavilion for Participants to find their name and Bib number. Once number is found continue to Packet Pick up Table. Participants will need to provide volunteers the participant number to receive the appropriate packet.**
- **Packets will include items needed for the event including T-shirt, Runner Bib Numbers, Bike Plate Numbers and RF chips for scoring.**
- **Triathletes and Duathletes will be given an Ankle Chip. This chip is to be strapped to your ankle before the start of the race and needs to remain on the ankle for the entire event. Once participants cross finish line you'll be instructed to remove the ankle chip and place into bucket at end of finish chute.**
- **Trail Runners will be given the same packet items except their RF chip will be on the back of the Bib number. This Bib won't be collected at the end of the event.**
- **Pavilion Concessions will be open to everyone. Food and Drink Items are sold through Pavilion Concessions Company and are not part of the event.**
- **XTERRA Fort Custer will provide Finish Line Refreshments of Gatorade Water and Fruit.**



SWIM TO BIKE TRANSITION

- Swim- Two Lap clockwise 800 meter swim. Upon completion of two laps swimmers will enter SOUTH end of transition (Lake Side) going to the participant's Racked Bike.
- Participants locate their bikes and exit Transition (no running) on the NORTH end (Parking Lot side) mounting bike in designated area only. No riding bikes in or out of Transition.

- Upon exiting Bike Transition area riders will cross a paved walkway to the North side (Parking Lot Side) of the beach house turning east heading to the mowed trail that leads to the upper parking lot.
- Reaching the Upper Parking Lot riders will follow signage and flagged off areas to the Recreation Areas Road Crossing. Their riders will cross the road and enter MTB trail at Marker # 11 (not mile marker 11). Riders will take a SHARP Left turn and begin the single track sections of the counter clockwise course.
- Riders will continue on loop course where volunteers, signs and tape will guide their way. Be aware we will be using the “difficult” section, it’s challenging and fun but be ready.
- When riders near the end of the MTB course they'll return to Trail Marker #11 (not mile marker 11) and Re-Cross the Recreation Areas Road where riders will Re-Enter the Upper Parking Lot, be directed to the end of the lot where riders will take the “dirt” trail (downhill) back to the transition area dismounting in the dismount zone only. No riding bikes into Transition for the run.
- Participants will re-rack their bike in the SAME location where it was hanging originally. Don't take up anyone else's space. Participants get ready for the run and exit the Transition on the North end (Parking Lot Side) of Transition.



Bike to Run Transition

- Runners Exit North End of Transition heading in the same direction as they exited on the bike and ride to the Upper Parking Lot. Water station available in the Upper Parking lot for all events.
- Reaching the Upper Parking Lot runners will follow signage and flagged off areas to the Recreation Areas Road Crossing. Their runners will cross the road and enter trail run course at

Marker # 11 (not mile marker 11). Runners will take a SHARP Left turn and begin the single track run sections of the counter clockwise course.

- Runners will follow signage and tape loop around first section and come to Recreation Road Crossing at Trail Marker #14 (not mile marker 14). Runners will cross road and head south the MTB Trail Head where they'll loop around in Trail Head Parking Lot then head back to the same section they came up at. This section of the rail is a MULTI DIRECTIONAL SECTION runners will be going in both directions on this section of trail. Runners will return to the Road Crossing at Trail Marker #14 (not mile marker 14) take sharp right turn following flagged off area heading back to the venue and finish line.

Fort Custer State Recreation Area

Bike 11.5 mi



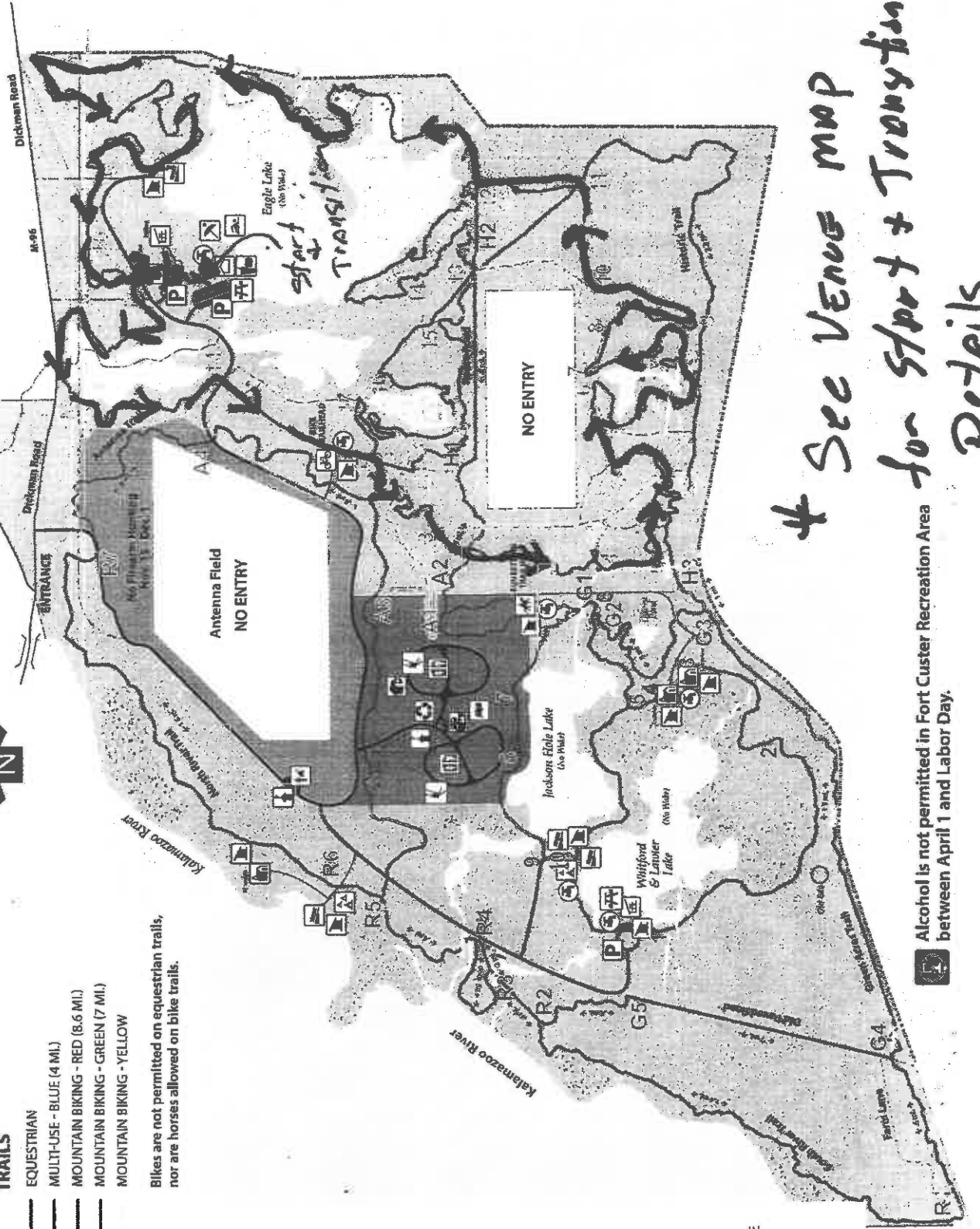
LEGEND

- PAVED ROAD
- MULTI-USE TRAILS
- AREA BOUNDARY
- FENCE
- STATE LAND
- SAFETY ZONE (NO HUNTING)
- BEACH
- BEACH HOUSE
- BIKING TRAILS
- BOAT LAUNCH
- CONTACT STATION
- CONCESSIONS
- EQUESTRIAN TRAIL HEAD
- GROUP CAMPGROUND
- MINI CABINS
- MODERN CAMPGROUND
- MODERN RESTROOM
- PRIMITIVE RESTROOM
- PARKING
- PARK HEADQUARTERS
- PICNIC AREA
- PICNIC SHELTER
- PLAY AREA
- RECYCLE AREA
- RUSTIC CABIN
- SANITATION STATION
- SWIMMING
- TRAIL CROSSING - BIKE/HORSE
- WATER
- WATER CROSSING
- WETLAND

Bikes are not permitted on equestrian trails, nor are horses allowed on bike trails.

TRAILS

- EQUESTRIAN
- MULTI-USE - BLUE (4 MI.)
- MOUNTAIN BIKING - RED (8.6 MI.)
- MOUNTAIN BIKING - GREEN (7 MI.)
- MOUNTAIN BIKING - YELLOW



See Venue map for Start + Transition Details

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Fort Custer State Recreation Area

Run 3/1 mi



LEGEND

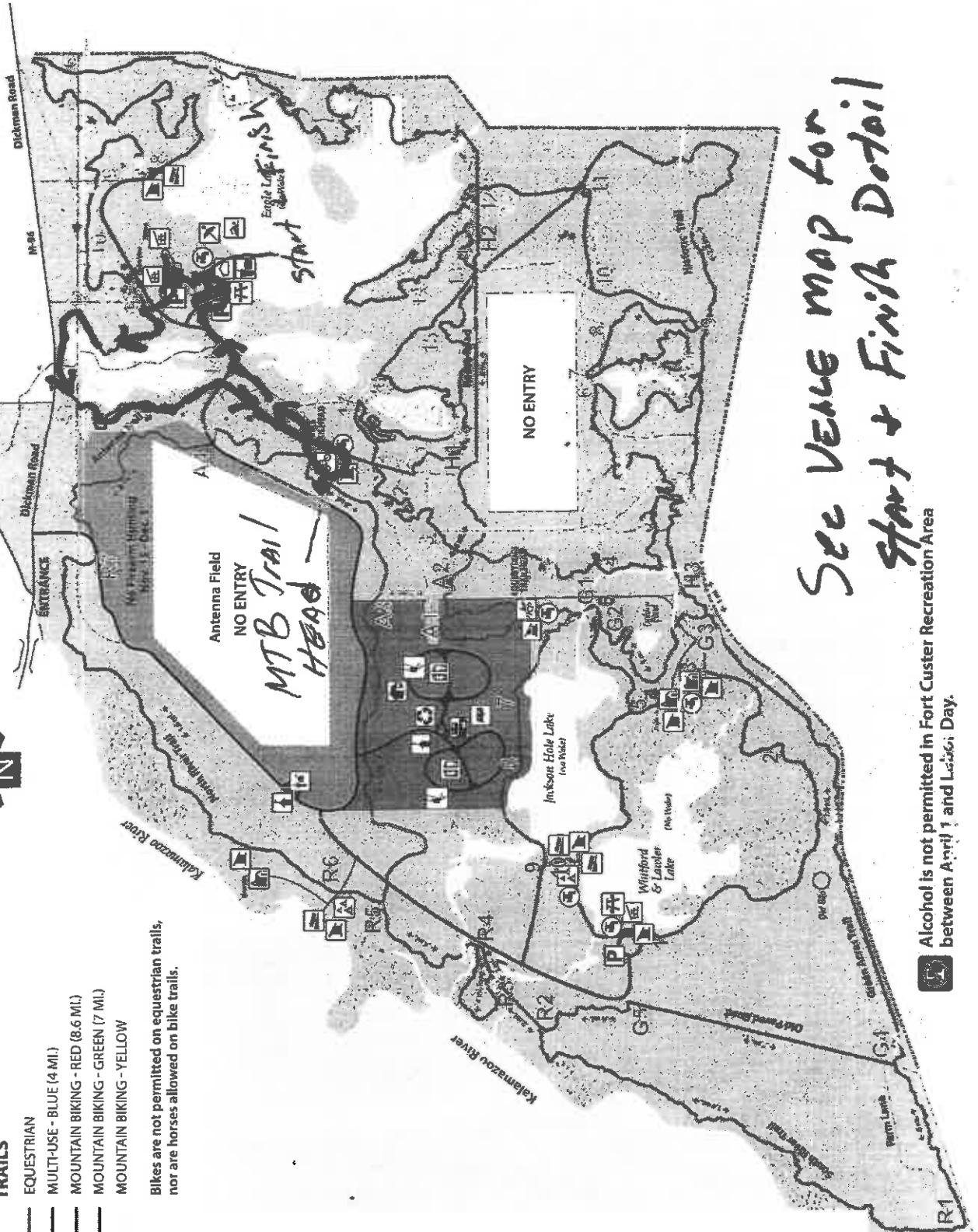
- PAVED ROAD
- MULTI-USE TRAILS
- AREA BOUNDARY
- FENCE

TRAILS

- EQUESTRIAN
- MULTI-USE - BLUE (4 MI.)
- MOUNTAIN BIKING - RED (8.6 MI.)
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- MOUNTAIN BIKING - YELLOW

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- STATE LAND
- SAFETY ZONE (NO HUNTING)
- BEACH
- BEACH HOUSE
- BIKING TRAILS
- BOAT LAUNCH
- CONTACT STATION
- CONCESSIONS
- EQUESTRIAN TRAIL HEAD
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- SWIMMING
- TRAIL CROSSING - BIKE/HORSE
- WATER
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See VEHICLE map for Start + Finish Detail

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Fort Custer State Recreation Area

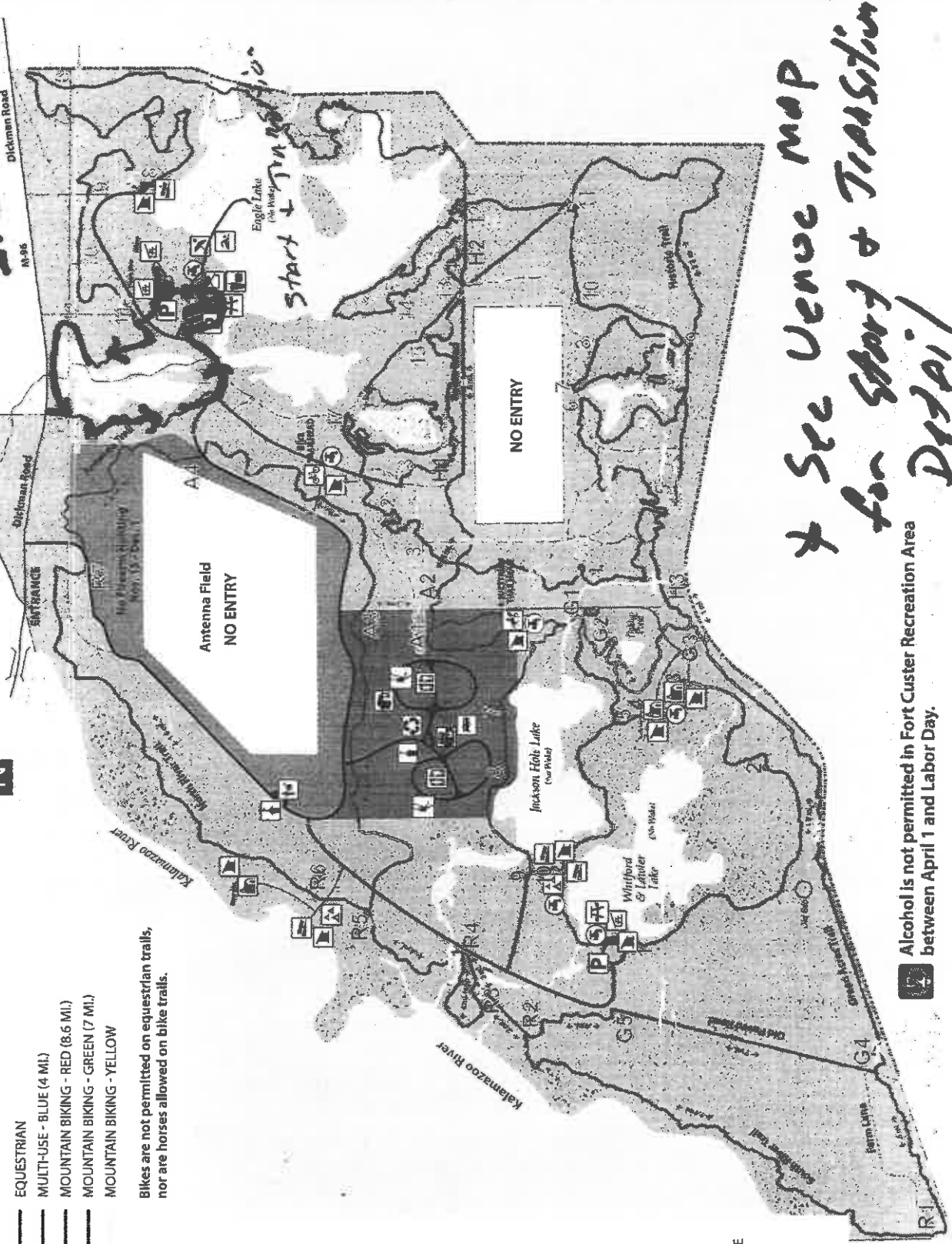
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TRAILS

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See Venice map for Start & Transition Detail

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Fort Custer State Recreation Area



LEGEND

PAVED ROAD

MULTI-USE TRAILS

AREA BOUNDARY

FENCE

STATE LAND

SAFETY ZONE (NO HUNTING)

BEACH

BEACH HOUSE

BIKING TRAILS

BOAT LAUNCH

CONTACT STATION

CONCESSIONS

EQUESTRIAN TRAIL-HEAD

GROUP CAMPGROUND

MINI CABINS

MODERN CAMPGROUND

MODERN RESTROOM

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TRAILS

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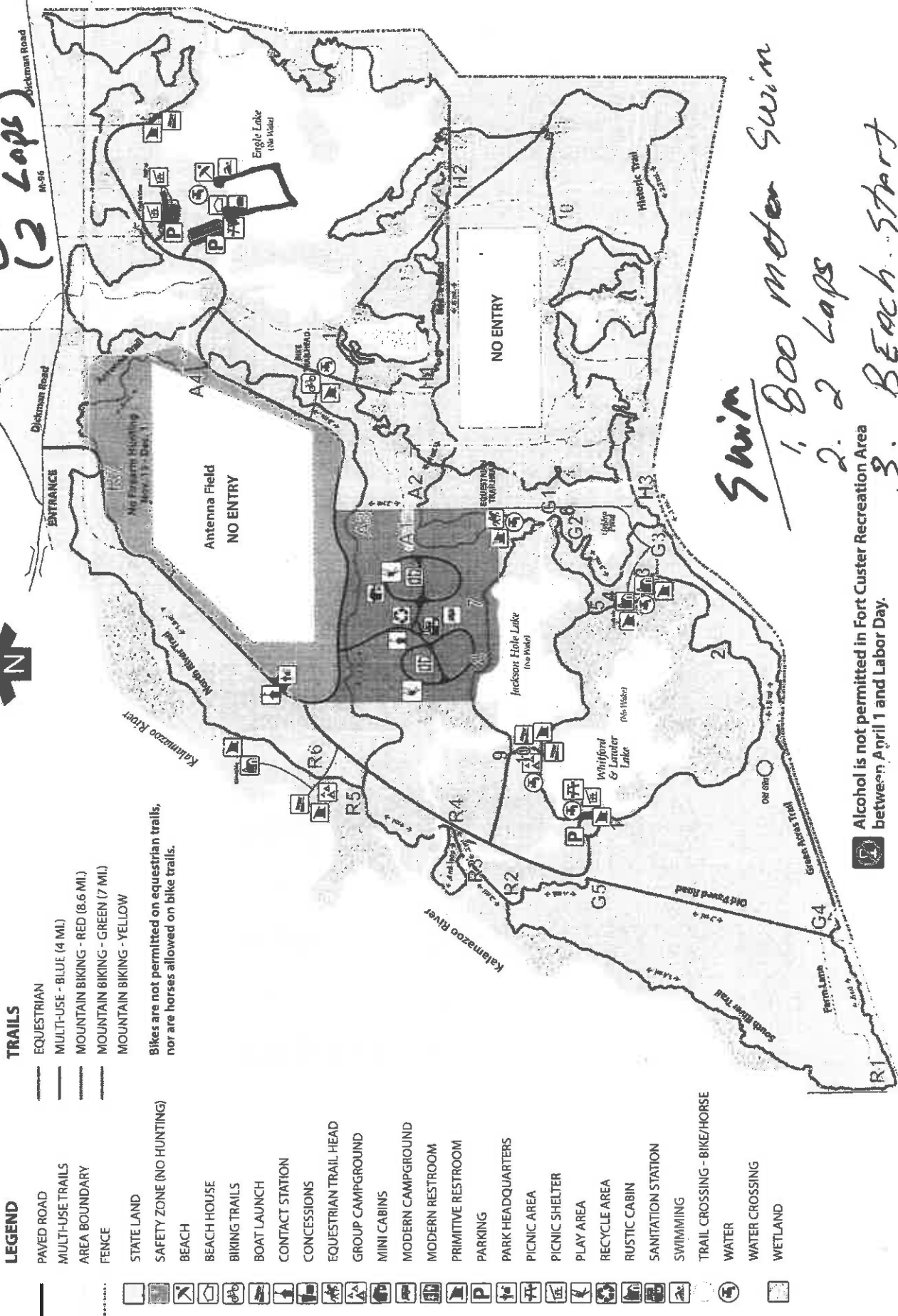
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Swim
800 meter
(2 Laps)

Swim
1. 800 meter Swim
2. 2 Laps
3. BEACH START

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